



OLGA GOUNI

Date of Birth: 31 Dec 1958
Place of Birth: Volos, Magnesia, Greece e-mail:
info@cosmoanelixis.gr www.cosmoanelixis.gr

STUDIES

1976-1981: National & Kapodistrian University of Athens, Law School

1977: Professional License as a Teacher of English

1983-1998: Professional Training in Teacher Training Courses, Methodology, Language Awareness, Teaching Adults, Child Psychology, Cognitive Skills, Running a School, Developing an Educational Environment etc. Approximately 1,000 hours

1996: Open University: Completion of Course D103 Society and Social Science

1996-1998: Professional Specialisation Course in the Prebirth Psychology, Philosophy and Education by the pioneers Jon RG & Troya Turner (Whole-Self Discovery & Development Institute Inc.)

Up to now: Continuous learning. Participation and presence in numerous scientific events, either as a speaker or as a participant on various subjects learning from other speakers.

MEMBER

Hellenic Union for Prenatal & Perinatal

Psychology & Medicine, NGO, (Athens, Greece)

Member of the Whole-Self Facilitators' Association (Netherlands)

Member of the International Society for Prenatal & Perinatal Psychology & Medicine ISPPM e-v (Germany)

International Educational Committee of ISPPM e-v)

Member of the COST Action IS0907

Tierra y Cielo AC, NGO, Mexico

TODAY

Owner & Director of cosmoanelixis, Prenatal & Life Sciences Educational Organization, El Alamein 20, Nea Ionia, Athens, Greece www.cosmoanelixis.gr

President of the Hellenic Union for Prenatal & Perinatal Psychology & Medicine, (Athens, Greece) www.progenitiki.wordpress.com

COST Action IS0907 Childbirth Cultures, Concerns and Consequences: Creating a Dynamic EU Framework for Optimal Maternity Care, representing Greece WG 3 Migrant Women www.iresearch4birth.eu

Founding member of Tierra y Cielo, AC, based in San Miguel de Allende, Gto, Mexico www.tierraycieloac.blogspot.com

Writer of 2 published books titled Soul Days & Welcome.

Co-writer of a 3rd book to be published titled "Whole-Self Prebirth Psychology: The Key to Human Evolution" with the Turners

Writer and educator of the e-learning lesson Pre-birth Psychology for the Kapodistrian University of Athens, Greece

Lecturer of a number of successful educational courses in the field of prebirth psychology internationally

PUBLISHED BOOKS

SOUL DAYS, 2008 ISBN 978-960-98233-1-9
English Greek lang

ΚΑΛΩΣΟΡΙΣΕΣ 2009 ISBN 978-960-98233-2-6
Greek lang

PUBLICATIONS

Marie-Clare Balaam, Kristin Akerjordet, Anne Lyberg, Barbara Kaiser, Eva Schoening, Anne-Mari Fredriksen, Angelica Ensel, Olga Gouni, Elisabeth Severinsson, September 2013, A qualitative review of migrant women's perceptions of their needs and experiences related to pregnancy and childbirth, Journal of Advanced Nursing Volume 69, Issue 9, pages 1919–1930

Olga Gouni, Prebirth, 2006, Psychology in Action, International Journal of Prenatal and Perinatal Psychology and Medicine

Welcome Life, 2008, Eleftho, Greece

All my congress presentations are published in the relevant congress publications

PAPERS PRESENTED AT CONGRESSES

Prebirth Psychology in Action: International

Congress ISPPM, 2005, "The Anthropology &

Psychology of Pregnancy & Birth" Heidelberg, DE
How we and the world turn a blind eye! It is time to welcome our children! (Moscow congress, 2007)

From the Heart to the Ear: Presentation at the Second European Congress of Early Prevention in Children with Verbal Communication Disorders, 26-28 September, 2008, Sofia, Bulgaria Organized by: The NBU (New Bulgarian University) Sofia, Bulgaria, The IEPSP (Institute for Experimental Phonetics and Speech Pathology, Belgrade, Serbia) The P.A.L.O. (The Hellenic Organization of Hearing, Speech Therapy & Communication Disorders, Patra, Greece

It is Never too Late! Now is the Moment!
Presentation at the XVIIIth International ISPPM Congress: Prevention- Early Dialogue, 2008, Heidelberg, Germany.

Prenatal and Perinatal Experience and Autonomy: Presentation at the Greek-Cypriot Congress for Children with Disabilities, 2007, THEOTOKOS, Athens, Greece

Prenatal Cont@acts for a Lifetime: Presentation at the Parma congress, 2008

The Roots that sprout wings, Presentation at the ISPPMe-v Congress, Frankfurt, 2011

The Egg And Sperm Polarity In Union At Human Conception, 4th International Conference on Fundamental and Applied Aspects of Speech and Language, October 25–26, 2013 Belgrade, Serbia

The above papers were published in the Congress Books published

WOMB THE PEACE workshop,
ICM International Congress, Prague, 5 June 2014

The Dynamics Of Creative Support & Creative Intervention In The Field Of Human Health And Wellbeing Prenatally & Beyond, Varna, Bulgaria, Sept 2014

Keys to Human Evolution (paper presentation & Clinical Workshop) 13th National Midwifery Congress, Nafplion, 17-21 Sept 2014

Being a keen reader and an enquiring mind, I have been able to learn from all life experiences I have been involved in. I had the privilege to be taught by extraordinary minds, my teachers from my early school years, who instilled in me the appreciation of Plato's and Aristoteles' thought and then later I got very interested in modern sciences, among which astrophysics and quantum physics. My focus of interest is psychology and especially **Prenatal Psychology** which I have been taught by the pioneers of it Jon RG Troya Turner: Whole-Self Prenatal Psychology, as well as other pioneers like Thomas Verny, David Chamberlain, Georgi Hidas (Bonding Analysis) to mention just a few I learnt from, not in typical educational paths. I introduced Prenatal Psychology in Greece and have taught it to graduate professionals in the Kapodistrian University, School of Philosophy, department of Experimental Pedagogy during the years 2004-2006. I am also a writer and educator for the e-learning program in Prenatal Psychology offered by the Kapodistrian University (EKPA) now. The program has been on for about 3 years now.

As I have always been very interested in the essence of expanding my knowledge and really enriching my understanding of the world inside & outside, I have never stopped learning and studying. However, my typical, official proof of all this knowledge gathered over the years does not take the form of a postgraduate degree or beyond that.

WORK EXPERIENCE

I started my career very early in my life.

In my early beginnings I used to own an advertising company (for 6 years) and a press company (Youth Press monthly newspaper for English Language Learners globally) for 3 years. At the age of 23 I was already the owner of two language schools in Athens offering excellent Language Education to children, teens and adults for 17 years. The size of the school was 450 students and I had the privilege to work with about 20 people staff every year, most of whom became leaders in their field later on.

My schools were rated among the best in terms of outcomes for the students but also in terms of the innovation they introduced at the time and the extra curriculum activities they offered.

My interest in how to offer the best to my students led me to study sociology with OU and then psychology and Prenatal Psychology which finally gained my focus of interest. This brought me to the next phase of my career which involved running my own prenatal psychology center cosmoanelixis in Athens offering therapy and education in Prenatal Psychology.

During almost the 2 decades in the field,

I have collected a vast number of cases which connect the pre/perinatal experience of people and their physical/ psychomental challenges in their life gaining a vast research experience in the field of understanding human behavior, relations and health. (ongoing Research -evidence based)

I have travelled widely teaching professionals in many countries among which are Italy, Germany, Hungary, Serbia, Cyprus, Mexico, apart from Greece.

I have worked for longer than 5 years as a chair-person for the International Society for Prenatal & Perinatal Psychology and Medicine (international educational committee) and created the **International Educational Curriculum In Prenatal Psychology.**

I have founded the **Hellenic Union for Prenatal & Perinatal Psychology and Medicine** in Greece, a Not for Profit Organization to promote Scientific & Research Aims in Prenatal Psychology.

I also organized the 1st Pan-European Congress in Athens at the campus of the Kapodistrian University in 2004, a very successful one with delegates from many European countries.

I have co-founded the Not for Profit Association Tierra y Cielo AC, in San Miguel de Allende, Guanajuato, Mexico to support children and families in need and I am still working on the children's program "El Paraiso del Ninos".

For 10 years I worked with the Municipal Authorities of Fili in Attiki, Greece and during that time I successfully completed the following projects:

Established the **municipal kindergarten** for about 45 kids, trained the staff, created the educational program, supervised the work, supported the parents, staff and the children.

Established the municipality **creativity center** for kids age 6-15 which ran during holidays and again I trained the staff, developed the activities (multidisciplinary fun activities that healed the children), supervised the educators and supported the parents and all involved.

Offered **psychological support** to families and citizens of the **lowest income**.

* I have been a member of the **Cost Action IS09073** Childbirth Cultures, Concerns, and Consequences: creating a dynamic framework for optimal maternity care and I served as management committee, core group member, STSM

committee and certainly as a member of the working group 3 (Impact on Migrant women). I am currently member of the Management Committee of the **Cost Action ISCH COST IS1405 (BIRTH)** starting in 2014 (project Leader Prof Soo Downe)

and I am participating in the Research Project **SEBOKA** initiated in South Africa, North-West University, Pots, project leader Abel Pienaar).

In March 2014 cosmoanelixis changes its legal status, it is a licensed Life-Long Learning center and it is working towards validating BSc and MSc Prenatal Psychology programs to be offered with the use of innovative technology using a special Educational Platform which is in the process of being built at the moment.

I have and I am still creating pedagogical programs to work and heal our children and our parents so that our children can feel their magnitude in modesty and contribute their best seeing themselves as evolutionaries from the very early and our parents to be inspired and healed so that they can support the evolutionaries of the Humanity.

I have a great interest in Fine Arts and how they can work together with Science to add more quality to our Life and I have created the Primal Health Promotion Program "Welcome" to work with expecting parents and before

I have written many articles for magazines and press, presented numerous talks at schools, businesses, municipality centers, cultural centers etc and I have been invited to numerous TV programs and radio programs.

My vision is to see cosmos evolve an inch a day!