



MARTI GLENN, PHD

BIOGRAPHICAL SKETCH

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Marti Glenn, PhD, is the Co-Director of the STAR Foundation, offering intensive retreats to help adults heal early developmental trauma. She is founding President of Santa Barbara Graduate Institute known for its graduate degrees in prenatal and perinatal psychology, somatic psychology and clinical psychology. A pioneering psychotherapist and trainer for over 30 years, she also served as professor of clinical psychology, integrating affective neuroscience with attachment, early development, and trauma.

Dr. Glenn has served on boards of a number of organizations and is particularly passionate about helping adults heal their earliest trauma, build successful relationships and meaningful lives. She has chaired numerous professional conferences, including the Association for Prenatal and Perinatal Psychology and Health and Neurons to Neighborhoods: Preventing and Healing Trauma in Children and Adults. She co-produced the broadcast quality documentary, *Trauma, Brain, and Relationship: Helping Children Heal* and has appeared in such documentary films as *What Babies Want*; *What Babies Know*; *Reducing Infant Mortality and Improving the Health of Babies*. She presents at the Esalen Institute and is a frequent speaker at conferences world-wide. She lives with her best friend, closest colleague and husband, Ken Bruer in Santa

Barbara, CA, USA. www.starfound.org

EDUCATION

PhD Educational Administration, Counselor Education, University Florida, 1982

Master of Health Science in Counseling, University of Florida, 1976

Bachelor of Arts in Education, University of Florida, 1975

PROFESSIONAL

EDUCATION/CERTIFICATIONS

* On going member of the Allan Schore Study Group focusing on affective neuroscience and attachment 2003 to 2008

* Newborn Individualized Developmental Care & Assessment Program (NIDCAP) certification training, Mills College, 2004

* Childbirth Doula certification training, ALYCE, Los Angeles, 2003

* Ray Castellino Prenatal and Birth Therapy Training Program 1995 -1998

* William Emerson Adult applications of Pre-and al Psychotherapy and Trauma Resolution 1989 - 1992

* Violet Oaklander Child Therapy Training 1990 - 1992

* Stanislav Grof Transpersonal Psychology Training 1990

* Virginia Satir Family Therapy Training 1987 - 1989

* Milton Erickson Hypnotherapy Training 1979 - 1982

* Jean Houston Sacred Psychology, intermittent and on going between 1978 and 1998

* Advanced training in somatically- oriented Gestalt Therapy 1974- 1976 and 1979 – 1982

PROFESSIONAL LICENSURE

California Marriage, Family Therapist License Number MFC27192, since 1988

ACADEMIC/PROFESSIONAL WORK EXPERIENCE

Administrator

2013 – Present Co-Director of the STAR Foundation

2011 – 2012 Leadership Team, STAR Retreats

2009 – 2011 Campus Dean, Santa Barbara Graduate Institute / The Chicago School of Professional Psychology

1999 – 2009 Founding President, Santa Barbara Graduate Institute

1995 – 1997 Founding Clinical Director, Center for ReUniting Families,

Angelus Oaks, CA. In patient treatment facility for at-risk youth.

1989 – 1994 Founding Director, Entelechy Institute, Santa Barbara, CA, Personal Growth workshops for adults healing early trauma

1982 – 1989 Founding Academic Dean, Pacifica Graduate Institute, Santa Barbara, CA Developing Clinical Psychology curriculum.

Professor, Graduate Level

1999 to Present Institute of Transpersonal Psychology, San Francisco, CA, research faculty. Serve on dissertation committees related to prenatal and perinatal psychology

2000- 2011 Santa Barbara Graduate Institute, Santa Barbara, CA, MA and PhD Programs in clinical psychology, emphasis in somatic psychology and prenatal and perinatal psychology; taught courses in clinical skills, group therapy, prenatal and perinatal psychology, clinical skills with infants and families and clinical supervision

1982 – 1989 Pacifica Graduate Institute, Santa Barbara, CA, Master of Arts program in counseling psychology, PhD program in clinical psychology, taught courses in clinical psychology and clinical skills

1999- 2004 Union Graduate Institute, adjunct research faculty, Served on dissertation committees related to prenatal and perinatal psychology

1986-1988 Sierra University, Santa Monica, CA, Adjunct faculty, mentor

1984-1987 International College, Los Angeles, CA, M.A. and PhD mentor

PROFESSIONAL ACTIVITIES

Chair of Professional Conferences

* Chair of the 20th International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH) "Birth, Brain, & Bonding," San Francisco, December 2003

* Co-Chair, Neurons to Neighborhoods Conference, "The Neurobiology of Emotional Trauma: Innovative Methods for Healing Children and Adults", Los Angeles, May 2003

* Chair, Summit, The Alliance for Transforming the Lives of Children, "State of Attachment and Bonding in North America," Santa Barbara, March 2003

* Co-Chair, Neurons to Neighborhoods Conference, "The Effects of Emotional Trauma on the Ways We Act, Think and Feel," Los Angeles, March 2002

* Chair of the International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH) "Birth, the Genesis of Health," San Francisco, December 2001

* Chair of the International Millennial Congress for the Association for Prenatal and Perinatal Psychology and Health, (APPPAH) "Birth and Consciousness in the New Millennium," San Francisco, December 1999

* Chair & Facilitator, La Casa Invitational Summit, a 5-day think-tank for 70 leading-edge thinkers at La Casa de Maria, Santa Barbara, CA, 1994-1996:

o "Creating the Possible Society," Jean Houston, Psychologist, host, 1996

o "The Meaning of Life, The Meaning of Death," Robert Muller, Former Undersecretary of the United Nations, host, 1995

o "Moving Toward Holistic Thinking," Tom Van Sant, NASSA, host, 1994

Selected Presentations and Workshops

* "The Joy is Still in the Journey". 7-day healing retreat for women with Lilia Folan, The Feathered Pipe Ranch, Helena, MT, August 9 – 16, 2014.

* STAR Retreat facilitator (4 retreats per year) October, 2011 – present

* "Parent-Infant Coach Certificate Program" Teach 2nd annual 9- month training program for Santa Barbara professionals who work with young families, sponsored by Community Counseling and Education Center; February – December 2014.

* "How Our Earliest Experiences Affect our Life-long Patterns and Capacities" Two day workshop, Santa Barbara City College Adult Education, February 7 & 21, 20014.

* "Curiosity: The Magic Ingredient in Effective Parenting" Webcast with Dr. Carrie Contey December 2013

* "Experiencing the New Art and Essential Practices of Prenatal and Perinatal Psychology and Medicine", One Day Pre-Conference Workshop, APPPAH Congress, November 14, 2013
www.birthpsychology.com

* "Innovative Applications of Attachment and Neuroscience in Working With Adults", webinar, September 25, 2013 sponsored by Community Counseling and Education Center.

* "Parent-Infant Coach Certificate Program" Design and teach 9- month training program for Santa Barbara professionals who work with young families, sponsored by Community Counseling and Education Center; February – December 2013.

* "How to Keep Your Clients Coming Back" Webinar sponsored by Community Counseling and Education Center. January, 2013.

- * “The Mystery of Embodiment” Meridian University, 4 day Telesummit host and presenter, December 2012.
- * Santa Barbara County Mental Health Services training for therapists and case managers who work with foster and adoptive families, June – August, 2012.
- * Santa Barbara Community Counseling and Education Center, training, “The Application of Affective Neuroscience and Attachment to Effective Psychotherapy”, weekly, April-May, 2012
- * Esalen Institute, “A Lifetime of Love: Understanding Neuroscience and Healing Early Attachment -- A Practical Workshop for Couples and Clinicians” March 11 – 16, 2012
- * “The Mystery of Embodiment” Meridian University, Telesummit host and presenter, January 2012
- * “Echoes from the Womb: Applications for Lifelong Wellbeing” Keynote, International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH), San Francisco, November 2011
- * “The Touch that Lasts a Lifetime: Creating Lifelong Health” workshop, San Diego Conference, Natural Baby Fair for Families, April 2011
- * “Emerging Paradigms: Opportunity and Challenge for Perinatal Psychology Research and Practice”, keynote address to the International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH), Asilomar, CA, November, 2010
- * “Recognizing and Healing Our Earliest Trauma: Integrating Somatic Psychotherapy, Pre- and Perinatal Psychology with Neuroscience and Attachment Theory” workshop at the United States Association for Body Psychotherapy (USABP) conference, Pleasant Hill, CA, October, 2010
- * “Applications to Adult Therapy of Emerging Research in Prenatal and Perinatal Psychology,” International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH), Asilomar, CA, April, 2009
- * “What Babies Want,” Association for Prenatal and Perinatal Psychology and Health (APPPAH) and West Kooteney Success By Six Canadian conference, “Science Meets the Heart,” September 2008
- * “Right From the Start: Guiding Young Families in Optimal Development” half-day workshop at the United States Association for Body Psychotherapy (USABP), Philadelphia, July, 2008
- * “Brains Under Construction-Attachment Begins Before Birth” half-day workshop, National Conference of the Infant Development Association, San Jose, CA, March, 2007
- * “Relationship Centered Graduate Education in Prenatal and Perinatal Psychology,” International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH), Los Angeles, February 2007
- * Esalen Institute, “Brain, Attachment and Early Development: Practical Interpersonal Neurobiology and Somatic Interventions for Adult Therapy,” 5-day Day workshop, February, 2006
- * “State of the Art: Prenatal & Perinatal Psychology,” International Congress for the Association for Prenatal and Perinatal Psychology and Health (APPPAH), San Diego, November, 2005
- * “Supporting Families in the Prevention of Violence,” The Ventura Family Violence Conference, April, 2005
- * “Trauma, Brain and Relationship: Helping Our Children Heal,” Cottage Hospital Psychiatric Grand Rounds, Santa Barbara, October 2004

- * "Pre- and Perinatal Roots of Violence," International Conference on Family Violence, Los Angeles, September 2004
- * "Healing the Caregiver's Own Attachment," 15th Annual Attach Conference, September 2003
- * "The Therapist's Trauma: Healing Self and Other" Neurons To Neighborhoods Conference: The Neurobiology of Emotional Trauma: Innovative Methods for Healing Children and Adults, May 2003
- * "The Use of Body-Centered Psychotherapy in Working with Prenatal and Perinatal Imprints within a Group Context," United States Association of Body Psychotherapy Congress, June 2002
- * "Toward a New Paradigm in Trauma Training," Neurons To Neighborhoods Conference: The Effects of Emotional Trauma on the Way We Learn, Feel and Act, March 2002
- * Annual 7-day healing retreat for women with Liliias Folan, The Feathered Pipe Ranch, Helena, MT, 1989-to present
- * "Birth, Consciousness and the Body", United States Association of Body Psychotherapy Congress, June 2000
- * "The Village," On-going monthly intensive retreats for adults healing early developmental and attachment trauma, 1992-1998
- * "The Joy is in the Journey," Annual 3-day workshops with Liliias Folan, Esalen Institute, Big Sur, CA, 1993-2003
- * "The Importance of Presence in Healing Early Trauma," Plenary address, APPPAH Congress, December 1997
- * "Teen Self-Destructiveness, Rage and Substance Abuse: A Pre- and Perinatal Model for Healing,"

and "Healing Family Spirals, Transforming DNA," International Primal Association Conference, March 1997

* "Persephone's Descent," 3 day workshops for teen survivors of sexual abuse, 1995-1997

* Entelechy Training, weekend retreats and on-going weekly seminars in life transition, personal growth and healing early trauma, 1989 - 1995

PUBLICATIONS

Glenn, M. (2014). Prenatal and Perinatal Psychology: Vital foundations for Body Psychotherapy. North Atlantic Books, Berkeley, CA.

Glenn, M., & Cappon, R. (2013) Essential Clinical Principles for Prenatal and Perinatal Psychology Practitioners. Journal of the Association for Prenatal and Perinatal Psychology and Health. 28(1) 20-42.

Glenn, M. (2013), Essential Principles for the Practice of Prenatal and Perinatal Psychology and Medicine. In Janus, L, ed. The prenatal dimensions of psychotherapy. Heidelberg: Mattes Verlag.

Glenn, M, Segal, J and Robinson, L. (2012). Bonding versus the attachment bond: Understanding the different ways of connecting with your child. (Can be retrieved from www.helpguide.org/mental/bonding_attachment_bond.htm).

McCarty, W. and Glenn, M. (2008). Investing in Human Potential From the Beginning of Life: Key to Maximizing Human Capital., Journal of the Association for Prenatal and Perinatal Psychology and Health. 23 (2) 117-135.

McCarty, W. and Glenn, M. (2008). Primary psychology: Bridging the divide of early development. (Can be retrieved from www.naturalfamilylivingsb.org).

Glenn, M. (2002). "The Use of Body-Centered Psychotherapy in Working with Prenatal and Perinatal Imprints within a Group Context." Proceedings, USABP International Conference.

Emerson, W. (1999) Shock - A universal malady, prenatal and perinatal origins: The work of William Emerson. (Editor)

Moen, L. (Ed.) (1993). "Entelechy: Recreating core beliefs, self-empowerment," Chapter in Guided Imagery. United States Publishing Company.

Glenn, M. and Bottelsen, H. (1992). Entelechy Trainer's Manual, Entelechy Institute, Santa Barbara, CA.

Glenn, M. (1987). Facilitating Personal Change: A Whole Brain Approach. International Brain Dominance Review. Vol. 4 (2).

Glenn, M., Lynch, D. and Mendell, J. (1982). The Visualizing Brain and the Reasoning Brain. The Planning Review. Spring.

Media

The following videos were sponsored by SBGI and feature Marti Glenn along with other pioneers and experts in the field of attachment, trauma and early development.

* Reducing Infant Mortality and Improving the Health of Babies. (2009) DVD <http://www.reducinginfantmortality.com/>

* What Babies Know. (2006) with Daniel Siegel, David Chamberlain, DVD

* What Babies Want. (2005) with Noah Wiley, Joseph Chilton Pearce, DVD <http://www.whatbabieswant.com/>

* Trauma, Brain and Relationship. (2004) with Bruce Perry and Daniel Siegel <http://www.trau->

maresources.org/emotional_trauma_online_video.htm

* Robert Muller: Passion. (Under Secretary of the United Nations) (1995) Produced and narrated audio program of La Casa Invitational host.

* Serve on the Editorial Review Board for the non-commercial website, HelpGuide, an extensive mental health resource for professionals and the general public. www.helpguide.org (2006 – present)

PSYCHOTHERAPIST

1989 – present, Psychotherapist in private practice, Santa Barbara, CA

2011 – present, Facilitator, (and Co-Director) STAR Retreats, a 10-day intensive, offered 4 times per year, for adults in transition and those who want to heal early trauma

1995 – 1997 Center for ReUniting Families, Founding clinical director of residential treatment center for teens; designed educational and therapeutic programs, conducted individual and group therapy with teens and families

1980 – 1982 The Gestalt Center, Gainesville, FL. Private practice in individual, couple and family counseling

1976 – 1979 The Growing Center, College Station, TX. Private practice

1975 – 1976 The Crisis Center, Gainesville, FL

RESEARCH

Glenn, M. (1982). "Study of the Relationship of Personality Type, Work Behavior Type, Job Satisfaction, and Worker Effectiveness." Dissertation, University of Florida.

"Study of the Application of the Triune and Penta Brain Models in Increasing Creative Output of High Functioning Types." Joint project of the University of Florida, Florida Atlantic University and the University of Miami, 1980-1981.

"Study of Florida's Publicly-funded Alcohol Programs to Determine Effectiveness of Delivery of Services." State of Florida Health and Rehabilitative Services, 1979-1980.

HONORS

* Teacher of the Year, Chicago School of Professional Psychology, 2010

* Mott Fellow, University of Florida, 1980-1981.

* National Health, Education and Welfare Scholarship for research and study in counseling and rehabilitation of the disabled, University of Florida, 1975-1976.

PROFESSIONAL COMMUNITY SERVICE

Serve on the following boards of directors:

2011 to present, Founding Board Member, HelpGuide <http://www.helpguide.org>

2002 to 2012, STAR Foundation, Advisory Board, <http://www.starfound.org>

2010 to 2013, Board member, Santa Barbara Birth Center, <http://www.sbbirthcenter.org/>

2010 to present, Board member, Institute for Embodiment Studies, www.embodimentstudies.org

2009 to present, Editorial Review Board for HelpGuide, <http://www.helpguide.org>

2002 to present, Co-founder and current board member, Santa Barbara Graduate Institute Center

for Clinical Studies and Research (recently named The Santa Barbara Institute for Clinical Studies and Research), <http://www.naturalfamilylivingsb.org/>

1999 to 2011, Board Member, Association for Prenatal and Perinatal Psychology and Health. <http://www.birthpsychology.com/>

2003 - 2009, Advisory Council, Santa Barbara City College, Adult Education, served on the General Council and the Parent Education Committee

1998 - 2006, Board member, Center for ReUniting Families, Board President, 2003 to 2005

1996 – 1997, Board member, The Feathered Pipe Foundation, Helena, MT

1986 – 1990, Vice President, Beverly Galyean Memorial Foundation, Healdsburg, CA

Consortia

* June 2007 – November 2008, one of 15 invited members of the California Infant and Early Childhood-Family Mental Health Training Guidelines Workgroup to establish Training Guidelines and Personnel Competencies for Infant and Early Childhood-Family Mental Health. Mandated and sponsored by the California Department of Mental Health.

* January 2007 - present, one of 17 members representing eight different countries in Europe and the US to establish accreditation criteria and educational programs in prenatal and perinatal psychology and health.

PROFESSIONAL MEMBERSHIPS

* Association of Prenatal and Perinatal Psychology and Health

* International Society of Prenatal and Perinatal Psychology and Medicine

* California Association of Marriage and Family Therapists

* Infant Development Association

* The Alliance for Transforming the Lives of Children

* United States Association of Body Psychotherapy

* European Association of Body Psychotherapy

ACADEMIC WORK OUTSIDE THE UNITED STATES

March 21 – 24, 2011 Athens, Greece, COST Action Group

One of two outside experts invited to participate in a bi-annual meeting of a COST (European Cooperation in Science and Technology) Action group: professors and researchers who have as their central credential and experience midwifery and obstetrics. This group works under a European Union grant and has been charged with improving maternity care, services and outcomes throughout the EU. The URL for the conference is below as is a description of my workshop, “Childbirth Cultures, Concerns and Consequences: Creating a Dynamic EU Framework for Optimal Maternity Care”

http://www.cost.esf.org/domains_actions/isch/Actions/IS0907-Childbirth-Cultures-Concerns-and-Consequences-Creating-a-Dynamic-EU-Framework-for-Optimal-Maternity-Care

March 25, 2011, Athens, Greece “Attachment Theory, Brain Development and Early Trauma: Practical Applications” Day-long workshop for professionals

September 25 - 27 2008, Nelson, British Columbia, Canada, participate on a panel, “What Babies Know” and conduct film interviews of plenary presenters for upcoming SBGI film relating to early brain development and attachment before birth. Conference, “Science Meets the Heart”, presented by the Association for Prenatal and Perinatal Psychology and Health (APPPAH) and West Kooteney Success By 6

January, 2008, Milan, Italy, Participated in a week-long consortial conference of representatives from eight countries to establish accreditation criteria for education in prenatal and perinatal psychology.

March 1998, University of Ulster at Coleraine, Ireland, Conducted a conference/training in body/mind health with Liliás Folan for communities from Northern Ireland and the Republic of Ireland.