



PROF MARLENE SINCLAIR

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Marlene Sinclair is Professor of Midwifery Research, Editor and founder of the Royal College of Midwives, Evidence Based Midwifery Journal and President and founder of the Doctoral Midwifery Research Society. Marlene is based at the Institute of Nursing and Health Research, School of Nursing, Jordanstown, University of Ulster. Marlene left school to study fine art at Brighton University but decided her vocation was in nursing and she completed her nurse training at the Royal Victoria Hospital in 1981, followed by her midwifery training at the Ulster Maternity Unit in 1984. Marlene graduated with a BSc from Ulster in 1988, a Master's degree in Education (MEd) at Queen's University Belfast (QUB) in 1991 and a DPhil from QUB in 1999. Marlene began her academic career in 1994 as a lecturer in QUB and took up a senior lecturer's post in 2001 at Ulster. She was awarded a personal chair for her contribution to midwifery research in 2006 and Marlene maintains her role as a practising midwife at the Ulster Maternity Unit.

RESEARCH INTERESTS

Marlene's research focuses on theory development and theory testing for midwifery practice; complex childbirth and the influence of appropriate and inappropriate use of technology on maternal, fetal and infant health and wellbeing.

Current Research Projects include

- Pharmacoepidemiology and Pregnancy
- Understanding the health behaviour of pregnant women and new mothers
- Childbirth culture, concerns and consequences
- The concept of online breastfeeding support
- Anomaly screening and antenatal decision making
- Substance use and misuse in pregnancy
- Obesity, exercise, diet and pregnancy

External Relationships

- Council Member of the Royal College of Midwives (RCM)
- Trustee of the Royal College of Midwives
- Appointed researcher on the RCM Normal Birth Campaign
- Appointed to the Royal College of Gynaecologists and Obstetricians Wellbeing Research Committee
- Member of the International Confederation of Midwives (ICM) Research Advisory Network
- Member of the Child Health and Wellbeing Translation Research Group in N Ireland
- Member of the Academy of Nursing, Midwifery and Health Visiting
- Appointed as the EBMN stakeholder representative for NICE Guidelines on Maternity Care

TEACHING AREAS

- Research Methods
- Theory and Decision Making
- Breastfeeding

PUBLICATIONS

Number of items: 88.

Mc Cullough, Julie , Liddle, Diane, Sinclair, Marlene ., OPrey, Ciara and Hughes, Ciara (2014) The Physiological and Biochemical Outcomes Associated with Reflexology Treatment: A Systematic Review. Evidence-Based Complementary and Alternative Medicine, Volume 2014, Article ID 502123 . pp. 1-16.

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Stockdale, Doreen, Sinclair, Marlene and KERNOHAN, WG (2014) Applying the ARCS design model to breastfeeding advice by midwives in order to motivate mothers to personalise their experience. Evidence Based Midwifery, 12 (1). pp. 4-10.

Sinclair, Marlene and Stockdale, Doreen (2014) ARCS model, breastfeeding, complex intervention, goals, motivation, theory, evidence-based midwifery. Evidence Based Midwifery, 12 (1). pp. 3.

McConkey, Roy, Sinclair, Marlene . and Macdonald, Sue (2014) The development of in-service and pre-service training for home visiting care with an emphasis on families whose children have developmental difficulties. Final Report to UNICEF on Phase 1 . UNICEF Macedonia. 14 pp.

OPrey, Ciara, Sinclair, Marlene, Liddle, Dianne, Madden , Elaine , McCullough, Julie and Hughes, Ciara (2014) A systematic review investigating the effectiveness of Complementary and Alternative Medicine (CAM) for the management of low back and/or pelvic pain (LBPP) in pregnancy. Journal of Advanced Nursing , 9. pp. 1-15.

Lagan, Briega M, Dolk, Helen, White, Bronagh, Uges, D and Sinclair, Marlene (2014) Assessing the availability of the teratogenic drug isotretinoin out-

side the pregnancy prevention programme: a survey of e-pharmacies. Pharmacoepidemiology and Drug Safety, 23. pp. 411-418.

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Brown, Mary Jane, Sinclair, Marlene, Liddle, Dianne, Hill, Alyson, Stockdale, Doreen and Madden, Elaine (2013) Motivating pregnant women to eat healthily and engage in physical activity for weight management: An exploration of routine midwife instruction. Evidence Based Midwifery, 11 (14). pp. 120-127.

Sinclair, Marlene (2013) Looking through the research lens at the challenges facing midwives delivering evidence-informed antenatal education. Evidence Based Midwifery, 11 (4). pp. 111.

Currie, Sinead, Sinclair, Marlene, Murphy, Marie, Madden, Elaine, Dunwoody, Lynn and Liddle, S D (2013) Reducing the Decline in Physical Activity during Pregnancy: A Systematic Review of Behaviour Change Interventions. PLOS ONE, 8 (6).

Currie, Sinead, Sinclair, Marlene, Murphy, Marie, Madden , Elaine, Dunwoody, Lynn and Liddle, Dianne (2013) Reducing the Decline in Physical Activity during Pregnancy: A Systematic Review of Behaviour Change Interventions. PlosOne, 8 (6). pp. 1-12.

Sinclair, Marlene (2013) A rapid synopsis of the Caldicott 2013 information review. Evidence Based Midwifery, 11 (2). pp. 39.

Walsh-Gallagher, Dympna, Sinclair, Marlene, McConkey, Roy and Clarke, Ruth (2013) Normalising birth for women with a disability: The challenges facing practitioners. Midwifery, 29 (4). pp. 294-299.

- Hatamleh, Reem, Sinclair, M., KERNOHAN, WG and Bunting, Brendan (2013) Birth memories of Jordanian women: findings from qualitative data. *Journal of Research in Nursing*, 18 (3). pp. 235-244.
- Sinclair, M. (2013) The 'z generation'™: digital mothers and their infants. *Evidence Based Midwifery*, 11 (1). pp. 3.
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