

# KELDUYN R. GARLAND, PHD, DDIV



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## EDUCATION GRADUATE DEGREES:

PhD in Psychology [Pre & Perinatal] - St Regis  
University [DC]

PhD in Psychology [Geriatric] -  
Redding University [CA]

PhD in Marriage & Family Therapy -  
Redding University [CA]

PhD in Child & Family Development -  
Redding University [CA]

DD - Doctorate of Divinity - Universal Life  
Church [WA]

Master's in Social Work (MSW) -  
University of Denver [CO]

UNDERGRADUATE DEGREE: B.A. Sociology  
- Wheaton College [ILL]

ADDITIONAL PROFESSIONAL TRAINING:  
Clinical Training Program in Transactional Analy-  
sis with Jon & Laurie Weiss, PhDs & Aaron  
Schiff, MA

[ Intensive focus on "ReParenting" /  
Bonding Attachment Trauma]

Jin Shin Jyutsu w/ Master Mary Burmeister \*

Massage / Body Therapies  
Studied Attachment & Bonding treatment modali-

ties with Foster Cline, MD, Ken Magid, PhD,  
William Emerson, PhD and John RG Turner  
Clinical Hypnotherapy  
Montessori preschool education and educational /  
developmental psychology

## EXPERIENTIAL TRAINING:

Actualizations \* BrainMind ReEducation \*  
EST \* Integrative Breathwork / Rebirthing  
\* Whole-Self

## PROFESSIONAL CREDENTIALS AND AFFILIATIONS

Licensed Independent Social Worker (LISW) -  
New Mexico [I - 07828]

Licensed Clinical Social Worker (LCSW)  
- Colorado [SW 989670]

Licensed Massage Therapist (LMT)  
- Florida [MA 22211}

APPPAH [ Association for Pre- & Perinatal  
Psychology and Health ]  
Senior Member

ATTACH [ Association for Treatment & Training  
in the Attachment of Children ]  
Co-Founder

Member of the Founding Board of Directors  
JOURNAL OF PRE- AND PERINATAL PSY-  
CHOLOGY - Editorial Board & Board's Ethics  
Committee

**SIGNIFICANT PROFESSIONAL EXPERIENCES CLINICAL PRIVATE PRACTICE SPECIALIZING IN**

BodyMind dynamics \* Major life transitions \* Geriatrics \* Loss & grief \* End of Life issues  
BondingAttachment dynamics / issues / trauma \* Bonding from the Beginning \* Adoption \* Reproductive Loss

CONTINUING EDUCATION [CEU]  
PROVIDER - FLORIDA BOARD APPROVED PROVIDER [ BAP # 253 ]  
CASEWORK SUPERVISOR  
International adoption agency  
Child placement agency for severely emotionally disturbed children

CHIEF SOCIAL WORKER  
Children's Psychiatric Institute (NC)-OutPatient Clinic

CREATOR & DIRECTOR  
SubAcute Rehabilitation Facility Mental Health Intervention Program

**PUBLICATIONS**

MEDICAL TEXTBOOK: HANDBOOK OF NEONATAL INTENSIVE CARE (CV Mosby)  
Co-author - "Neonate and the Environment: Impact on Development."  
Chapter 27; 3rd ed., May, 1993, and Chapter 24; 2nd ed., March, 1989.

**PROFESSIONAL JOURNALS**

JOURNAL OF PRE- AND PERINATAL PSYCHOLOGY (Golden Oldies Series)

"Physiological Effects of Neonatal Management," 7:1; Fall 1992.

KEEPING ABREAST: JOURNAL OF HUMAN NURTURING

Factors in Neonatal Attachment

(Part II): "Physiological Effects of Neonatal Management," 3:4; 1978.

(Part I): "Newborns are People, Too!" 3:3; 1978.

NEONATAL NETWORK

"Grief: The Transitional Process," 5:3; 1986.  
and "Unresolved Grief," 5:3; 1986.

**PROFESSIONAL EXPERIENCE**

Kelduyn R Garland, PhD, DDiv, has five [5] decades of professional experience working nationally and internationally as a Social Services & Child Welfare worker, psychotherapist, consultant & educator in early infancy/child and family development, death & dying / loss and grief, geriatrics & adult disability, and interpersonal communications, and has also provided administrative services to various businesses & organizations since 1965. She has had a clinical practice in Body-Mind, reproductive, pre & perinatal loss, adoption and BondingAttachment dynamics, women's issues, gender scripting / codependency issues, major life transitions, death & dying, and geriatric & end of life challenges for almost 40 years . . . assisting people with birthing in, birthing within themselves, and birthing out.

During the nine (9) years prior to her graduate education, she was a preschool educator in Illinois for two (2) years, and a social worker for the states of California and Colorado in adult disability & geriatric services, court dependency (abuse and neglect) supervision, and child welfare abuse & neglect investigation during the remaining 7 years. Dr. Garland began her clinical private practice in 1974 in Colorado as a BodyMind psychotherapist, consultant, and educator, working with adults in loss & grief, with a specialty in Reproductive & BondingAttachment, and end of life issues and dynamics.

Her training in bodywork began in 1975 with one of the world's authorities on connective tissue. She was one of the pioneers in developing & teaching infant massage [GENTLE TOUCH]. She is a Certified Jin Shin Jyutsu Practitioner as well as an ordained minister and practices spiritual

transpersonal therapy as a pastoral counselor, as well as having her mental health professional experience. Within her clinical private practice, she has been an early © Pioneer in developing & teaching BODYMIND dynamics and therapeutic interventions;

© Pioneer in developing & teaching Infant Massage [GENTLE TOUCH];

© Pioneer in developing & providing Reproductive [Infertility] & Perinatal Loss Therapy and Interventions to women and couples;

© Pioneer in Pre & Perinatal Education to expecting [Bio/Adpt'g] parents on BondingAttachment [Bonding from the Beginning].

She did emergency mental health triage work for a community mental health center, and has been Casework Supervisor of both an international adoption agency & a child placement agency of severely emotionally disturbed [attachment traumatized & disordered] children while living in Colorado. She is the former Chief Social Worker of the Outpatient Clinic at a Children's Psychiatric Institute [NC].

She founded THE RPLG [reproductive perinatal loss & grief] GROUP INC., in the Triangle (Raleigh, Durham, Chapel Hill) area of North Carolina and was its Executive Director from 1982 until the summer of 1989 when THE RPLG GROUP, INC., was moved in Florida. She continued to hold this position until September 1994, when she returned to private practice. She was a FL Board Approved CE Provider for Mental Health Professionals as a part of her clinical practice.

She has consulted extensively with nursing homes & assisted living facilities regarding patients' mental health dynamics & end of life issues, and provided mental health services to their patients and the families during the past 20+ years. She has also provided these services to Hospice and home health agencies. She also created and directed one of the first mental health intervention program in a SubAcute Rehabilitation facility during this time. Currently she serves on the Board of Directors of a Senior's Continuing Care Residential Community.

Throughout her professional career, Dr. Garland has consulted with and trained medical, mental health, educational, legal, and human services professionals in North and South America, South-East Asia concerning BODYMIND, BondingAttachment, Reproductive Issues, loss & grief, geriatric and major life transitions dynamics. In addition, Dr. Garland has held the positions of adjunct / guest professor in universities & colleges in the states of Colorado, New Mexico, North Carolina, Florida, and in SouthEast Asia.

She presents at professional organizational meetings, conferences and congresses throughout North and South America on issues concerning BODY-MIND, Reproductive (infertility and perinatal) Loss, BondingAttachment Issues & Disorders, the Grieving process, major life transitions, death & dying, and the 9th Age of [hu]Man.

She was the co-founder and co-faculty of the Reproductive Perinatal Grief and Loss Seminars that trained health and human services professionals nationwide.

She served on the founding Board of Directors of one of the first free standing Birthing Centers in the United States, and also served on the Board of Directors of Co- Creation for a Joyful Birth, Inc., a free standing midwifery practice and pre & perinatal educational center in Oregon.

Dr. Garland's commitment and focus in her work has been in supporting people in their life's journey of BIRTHING IN . . . BIRTHING WITHIN THEMSELVES . . . BIRTHING OUT

She specializes in Bonding from the Beginning, reproductive and BondingAttachment issues & disorders with adults, adolescents, and infant & toddlers, as well as geriatric, major life transitions, end of life, and death & dying / loss & grief issues & dynamics.

Within her clinical practice, she did Custody Evaluations, Independent Adoption Home Studies and birth mother counseling, psycho-emotional Assess

ments for fertility specialists, and Guardianship / Competency Evaluations for the Courts.

As a part of her extensive professional career, she has provided expert testimony for domestic / family and juvenile courts throughout the United States.

Dr. Garland has also provided clinical (therapeutic) services to juvenile criminal offenders and their families at Florida Juvenile Justice BootCamp and Juvenile Youth Authority Center. This included transitional planning and addressing issues concerning implementation / reintegration into the family and community.

Dr. Garland is Co-Founder of ATTACH, serving on its Founding Board of Directors and was a Clinical Member of the organization. She is also a 'senior' / 'grandmother' and active member of APPPAH, serving on the Editorial Board of its Journal (JPPP), and the Board's Ethics Committee. She has been interviewed on local prime time news broadcasts (CBS, ABC, PBS) and radio talk programs concerning reproductive perinatal loss and grief. Feature articles on her work in newborn developmental / BondingAttachment dynamics and grief & loss have been written in newspapers in Colorado, North Carolina, and Florida.

Dr. Garland has had numerous articles published in professional journals & newsletters [which are being translated into Spanish] on newborn development and environmental (psycho-social - emotional - physiological) factors affecting Body-Mind / BondingAttachment dynamics, and grief & loss in professional journals and, and is one of the original co-authors of the top selling neonatal medical textbook.

In service to the community where she lived in FL, Dr. Garland served on the local public school system's Early Intervention Council and also the Juvenile Justice Council of Polk County (Florida), and was active in several local service organizations. She was a Disaster Mental Health Services

volunteer with the American Red Cross.

Personally, Dr. Garland has the experience of also wearing "the shoe on her own 'foot'" as the adoptive parent of a now grown son who had significant BondingAttachment trauma, post-traumatic stress disorder and grief issues as a child, and . . . was her greatest teacher.

Her commitment is to educate professionals [mental health/ medical / educational / legal / judicial] about BondingAttachment dynamics, trauma & disorders, the elder years, the grief process, and end of life choices, as well as empower parents in their parenting, adults in their healing, caregivers in their caring of the elderly & disabled, and seniors in preparing for & dealing with the challenges of their elder years and end of life issues and challenges.

### **Employment Experience – Teaching Experience**

WESTERN NEW MEXICO UNIVERSITY - Silver City, NM WILL [ Western Institute of LongLife Learning ] Guest Faculty  
UNIVERSITY of NEW MEXICO - Las Cruces, NM  
Medical School Department of FAMILY PRACTICE MEDICINE Guest Faculty  
TRAVIS VOCATIONAL / TECHNICAL SCHOOL - Lakeland, FL, Department of Social Work Guest Faculty  
FLORIDA SOUTHERN COLLEGE - Lakeland, FL, Department of Sociology Adjunct Professor  
DIVISION OF HEALTH SERVICES: Massage Therapy Training Guest Faculty  
SOUTHEASTERN COLLEGE - Lakeland, FL  
ST. LEO COLLEGE - San Antonio, FL, Department of Social Services - Division of Social Work Guest Faculty  
UNIVERSITY of NORTH CAROLINA - Chapel Hill, NC, Medical School of Nursing Guest Faculty  
UNIVERSITY of NORTH CAROLINA - Chapel Hill, NC School of Public Health - Dept. of Nutrition Guest Faculty  
UNIVERSITY of DENVER - Denver, CO, Graduate School of Social Work Guest Faculty

UNIVERSITY of COLORADO - Denver, CO  
Medical School of Nursing - Maternal/Child Care  
Guest Faculty

CHULALONGKORN UNIVERSITY -  
Bangkok, Thailand, Medical School - Dept. of  
Neonatology Guest Faculty

METROPOLITAN STATE UNIVERSITY -  
Denver, CO Department of Philosophy  
Guest Faculty

DENVER FREE UNIVERSITY - Denver, CO

GOVE COMMUNITY SCHOOL - Denver, CO  
JEFFERSON COUNTY ADULT EDUCATION  
- Lakewood, CO

MONTESSORI SCHOOL of PARK RIDGE -  
Park Ridge (Chicago), IL

EVANGELICAL CHRISTIAN SCHOOL -  
Chicago, IL

## PUBLICATIONS

Gardner, S.L.; Garland, K.R.; et al. "Neonate and  
the Environment: Impact on Development";  
Chapter 27 in Merenstein, G.B. & Gardner, S.L.  
(eds.)

Handbook of Neonatal Intensive Care. (3rd Ed.).  
St Louis: CV Mosby: May, 1993

"Neonate and the Environment: Impact on Devel-  
opment"; Chapter 24 in Merenstein, GB &  
Gardner, SL (eds) Handbook of Neonatal Intensive  
Care. (2nd ed.). St Louis: CV Mosby;  
March 1989

Garland, K.R.; "Factors in Neonatal Attachment  
(Part II): Physiological Effects of Neonatal Man-  
agement". Journal of Pre & Perinatal Psychology;  
"GOLDEN OLDIE'S" Series; 9:1; Fall, 1994.  
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Journal of Human Nurturing ]

Garland, K.R.; "Reproductive and Perinatal Loss  
and Grief:. NC / NASW Newsletter. Nov/Dec  
1988.

Garland, K.R.; "Coping with the 'Infertile' Holiday  
Blues". RESOLVE of the Triangle Newsletter.

November / December, 1988.

Garland, K.R.; "Coping with the 'Infertile' Holi-  
day Blues". Winston-Salem Infertility Support Net-  
work Newsletter. November / December, 1988.

Garland, K.R.; "All Pregnancies and Births Are  
Not 'Happy Ever After'". Pre- & Perinatal Psychol-  
ogy News. V. 1, No. 1. Fall 1987.

Garland, K.R.; "Grief: The Transitional Process."  
Neonatal Network. 5:3; December 1986; p7ff.

Garland, K.R.; "Unresolved Grief". Neonatal Net-  
work. 5:3; Dec 1986; p29ff.

Garland, K.R.; "Family Systems Breakdown:  
Loss of the 'Dream'". OPC Newsletter. Fall 1986.

Garland, K.R.; "Transitions and Rituals" Connec-  
tions and Continuity: The Possible Society. K.  
Jeter, Ed. Newark, Delaware: The Possible Soci-  
ety, Inc; Vol I; Sept 1985; p.127-128.

Garland, K.R.; "Factors in Neonatal Attachment  
(Part II): Physiological Effects of Neonatal Man-  
agement". Keeping Abreast: Journal of Human  
Nurturing. 3:4; Oct / Dec, 1978; p 268 - 273.

Garland, K.R.; "Factors in Neonatal Attachment  
(Part I): Newborns Are People, Too!" Keeping  
Abreast: Journal of Human Nurturing; 3:3; Jul /  
Sept 1987; p 206 - 213.

## PROFESSIONAL ASSOCIATION

### MEMBERSHIPS

#### (CURRENT AND PAST)

#### CURRENT:

Association for Pre-and Perinatal Psychology and  
Health APPPAH formerly called Pre- & Perinatal  
Psychological Assoc. of North America (PPPANA)

Association for the Treatment and Training in the  
Attachment of Children ATTACH

**PAST:**

National Association of Social Workers NASW

National Association of Perinatal Social Workers  
NAPSW

Association of Humanistic Psychology AHP

Denver Area Transactional Analysis Seminar  
DATAS

International Transactional Analysis Association

ITAA

National Association of Female Executives NAFE

American Society for Trainers and Developers  
ASTD

Florida Society of Massage Therapist FSMT

American Massage Therapy Association AMTA