

PROFESSOR BENGT LINDSTROM



PERSONAL DATA

Born 08.09.1947 Finnish Citizen MD, PhD, DrPH.

Present Work: Department of Social Work and Health Science ISH/SVT/NTNU.
b.lindstrom@cosmoanelixis.gr

Professor of Salutogenesis ISH/SVT/NTNU, NO. Associate Professor (Docent) Social Policy Abo Akademi, FI 2007. Associate Professor in Child Public Health NHV, SE 2002. Associate Professor Public Health U of Tampere, FI 2002. Visiting Professor Health and Society U of Wageningen, NL, 2010. (MD: Specialist in Pediatrics Authorization in FI, SE, NO, DK)

Previous positions: Professor II of Health Promotion, U of Buskerud, NO. Professor of Public Health and Health Promotion, Nordic School of Public Health, SE Employed at NHV 1984-2012. Research Director Health Promotion, Folkhälsan Research Center, FI 2005-2011. Chair Nordic Society for Sick Children (NOBAB). Secretary General European Society for Social Pediatrics (ESSOP). Secretary General International Federation of Medical Students Associations (IFMSA). Member WHO European Network on Health Promotion.

Ongoing International Commitments: Chair IUHPE Global Working Group on Salutogenesis. Founding member of the European Training Consortium in Public Health and Health Promotion (ETC-PHHP). Nordic Network for Health Promotion.

Ongoing Research and Development Projects: EU COST Action: Optimal Child Birth and Maternity Care 2010-2014. EU Grundtvig: Education and Culture. Life Long Learning: Resilience - A Key Skill for Education and Job 2012-2014. EU: Latvia: A Salutogenic Framework for Families with Disabled Children, 2014. Monitoring the extent of positive health measures and protective factors in Eastern Townships, Public Health Department Quebec, Canada, 2014. Northern Dimension of Public Health and Social Welfare (NDPHSW) Scientific Adviser on Salutogenesis. 2011-.

Chair of the Scientific Advisory Board Högskolan Väst Trollhättan Sweden. The Swedish Center for Salutogenesis is hosted here where the International data base of IUHPE GWG-SAL and website for salutogenesis is located
www.salutogenesis.hv.se

Member of the Scientific Advisory Board Research Center for Health Promotion and Resources, ISH/SVT/NTN,NO

Member of the Scientific Advisory Board Project SOL Bornholm, DK. A programme on healthy food habits among school age children and families. The project is focusing on changing settings and interactions between settings a so called “super setting approach”. In cooperation with the STENO Health Promotion Center in Copenhagen

Member of the Scientific Advisory Board of Experimentarium, Copenhagen, DK. Experimentarium is a National Continuous Project and Exhibition on Science, now establishing a reach out-action research project-exhibition about healthy life for families with children with special emphasis on interacting with immigrant families in the community.

Previous: Clinical Practice: in Pediatrics,] Adolescent and Family Health from University to Primary Care, School Health to Child Wellbeing Clinics. Medical and Pediatric Authorization in Finland, Sweden, Norway, Denmark.

PhD Thesis 1994: The Essence of Existence – On the Quality of Life of Children and Families in the Nordic Countries

SCIENTIFIC PUBLICATIONS:

One text book five books several book chapters. About 80 International Publications mainly in Public Health and Health Promotion.

Scientific Publications Bengt Lindström (2011-2014)

Eriksson M. Lindström B. The salutogenic framework for well-being: implications for public policy. In Hämmäläinen T. Michaelson J. (eds) Well-Being and Beyond: Broadening the Public and Policy Discourse Cheltenham: Edward Elgar Publishing

(2014).

Maass R. Lindstrom B. Lillefjell M. Exploring the relationship between enighbourhood resources, Sense of coherence and health in different groups in a Norwegian neighbourhood, JPHR (accepted) March 2014

Leppäkari M. Lindström B. (2013) in Vivian Barnekow, Bjarne Bruun Jensen, Candace Currie, Alan Dyson, Naomi Eisenstadt and Edward Melhuish (eds) WHO Int Euro Improving the lives of children and young people: case studies from Europe: Vocational college health promotion pilot project experiences in Finland, 2008–2011 http://www.euro.who.int/__data/assets/pdf_file/0017/232505/WHO-case-studies-Volume-3-MS-with-cover-rev1.pdf

Perez-Botella M. Downe S. Meier Magistretti C. Lindström B. Berg M. The use of salutogenesis theory in empirical studies of maternity care for healthy mothers and babies, for the EU COST Action IS0907: 'Childbirth Cultures, Concerns, and Consequences, submitted, second revision, April 2014

García-Moya I., Rivera F., Moreno C., Lindström B. & Jiménez-Iglesias A. (2012). Analysis of the importance of family in the development of sense of coherence during adolescence. *Scandinavian Journal of Public Health*, 40(4), 333-339. doi: 10.1177/1403494812449924

Lindström B. Eriksson M. *La Salutogenèse*, Presses De L'université Laval, Québec, 2012

Lindström B. A journey to the Center of Health-some views and reflections on concepts for health promotion practice –plotting a roadmap towards New Health and the Salutogenic Society SVT NTNU Conference Report 2012.

Eriksson M. Sagy S. Lindström B. A salutogenic perspective on mental health across the life time.

- Mayer, C.H. and Krause C. Exploring mental health: Theoretical and empirical discourses on salutogenesis. Pabst Publishers, Lengerich, 2012.
- Leppäkari M. Lindström B. Spiritual dimensions of wellbeing, Nova publishers' Religion and Spirituality series "Science of Religion", Turku, 2011.
- Lindström B. Eriksson M. Guia del Autoestopista Salutogenico, Girona Documenta Universitaria, Universita Girona, 2012
- Koelen M. Lindstrom B. Health Promotion Philosophy and Theory pp 17- 27 in: Pavlekovic G. Pluemer K. Vaandragen L. (eds) Evolution of Salutogenic Training: The ETC "Healthy Learning" Process. Intergrafika, Zagreb (2011)
- Lindström B, Eriksson M. From healthy settings to sustainable healthy societies. The salutogenic approach to planning and health promotion. World Health Design, April 2011, 66-75.
- Lindstrom B. The early stages of the development of the ETC Training Courses and its learning model pp 59-64 in: Pavlekovic G Pluemer K Vaandragen L (eds) Evolution of Salutogenic Training: The ETC "Healthy Learning" Process. Intergrafika, Zagreb (2011)
- Lindstrom B. The story of the Hot Air Balloon p 65 in Pavlekovic G Pluemer K Vaandragen L (eds) Evolution of Salutogenic Training: The ETC "Healthy Learning" Process. Intergrafika, Zagreb (2011)
- Lindström B. Eriksson M. From health education to healthy learning: Implementing salutogenesis in educational science Scand J Public Health March 2011, 39: 85-92,
- Eriksson M. Lindström B. Life is more than survival: Exploring the links between Antonovsky's salutogenic theory and the concept of resilience, some conceptual considerations. In: Kathryn M.Gow and Marek J. Celinski (Eds.) Wayfinding Through Life's Challenges: Coping And Survival. New York: Nova Science Publishers, (2011.)
- Scientific and other presentations at conferences on request. Not included the list would be too long.